



**Sports, Cardiovascular,
and Wellness Nutrition**
eat right! | research practice | Academy of Nutrition and Dietetics

PRE-FNCE ★ SCAN-HOUSTON WORKSHOP

*Optimize Your Practice in Eating Disorders, Sports,
Wellness, and Cardiovascular Health*

FRIDAY, OCT. 18, 2013

Workshop Location

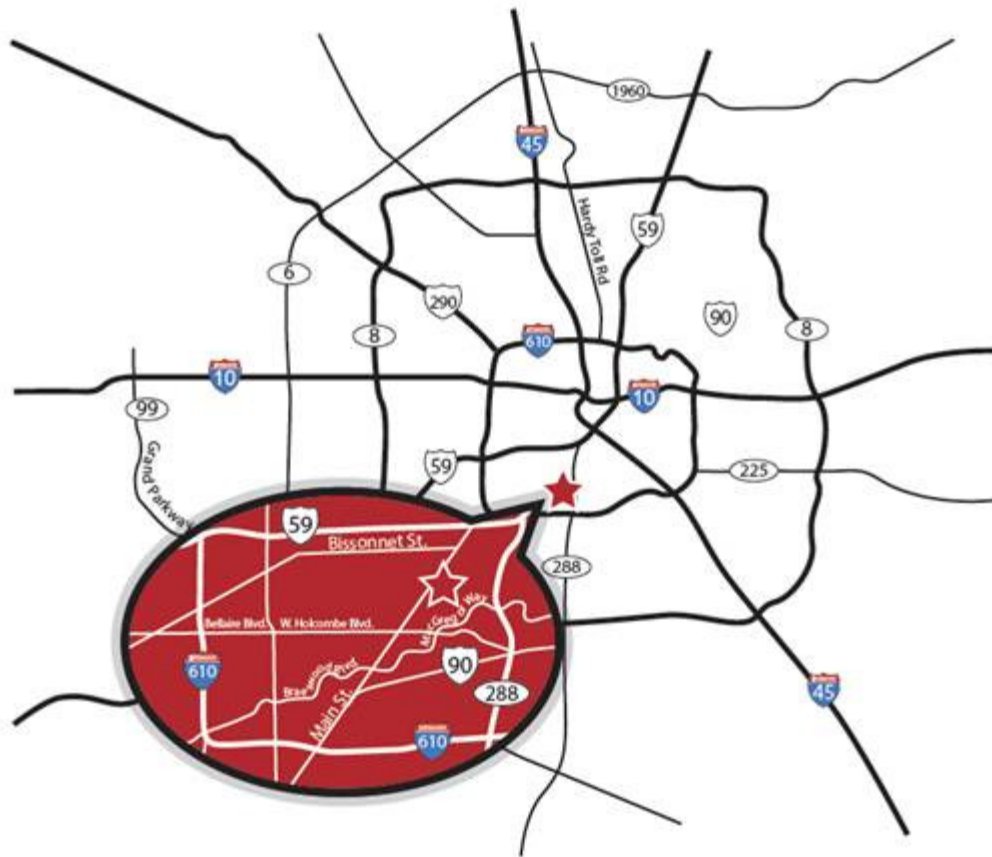
Memorial Hermann – Texas Medical Center, Hermann Conference Center

6411 Fannin Street, Houston, TX 77030

www.memorialhermann.org/tmc

Driving Directions

- **From the north**, travel US 59 south or I-45 south, to Highway 288 south. Exit MacGregor Drive and turn right. Turn right onto Cambridge Street. Turn left at the Fannin Street light. The Medical Plaza Garage will be immediately on your right.
- **From the south**, travel US 288 north or I-45 north to 610 South Loop heading West. Exit Main Street and turn right onto Main Street. Travel north into the Medical Center. The Medical Plaza Garage will be on your right just before Hermann Park.
- **From the east**, travel I-10 west to US 59 south to Highway 288 south. Exit MacGregor Drive and turn right. Turn right onto Cambridge Street. Turn left at the Fannin Street light. The Medical Plaza Garage will be immediately on your right.
- **From the west**, travel I-10 east to I-45 south to Highway 288 south. Exit MacGregor Drive and turn right. Turn right onto Cambridge Street. Turn left at the Fannin Street light. The Medical Plaza Garage will be immediately on your right.
- **From the southwest**, travel US 59 north to Highway 288 south. Exit MacGregor Drive and turn right. Turn right onto Cambridge Street. Turn left at the Fannin Street light. The Medical Plaza Garage will be immediately on your right.



Parking

Memorial Hermann Medical Plaza Parking Garage
Memorial Hermann-Texas Medical Center
6400 Fannin Street or 6400 Main Street, Houston, TX 77030

Convenient self-parking is available in the Memorial Hermann Medical Plaza garage, located across the street from Memorial Hermann – Texas Medical Center at the corner of Cambridge and Fannin streets, with enclosed access via the Skybridge. Self-parking is a maximum of \$12 per day and is accessible from the southern entrances off both 6400 Main and Fannin streets.

Directions to the Hermann Conference Center

From the Memorial Hermann Parking Garage, take the elevator to Level 2. Exit and follow signs to the Skybridge. Upon crossing the Skybridge, proceed to the Cullen Atrium. Descend two sets of escalators to the Ground Floor. At the bottom of the escalator, look for the Registration Sign outside The Hermann Conference Center.

